



Press Release

Susan Johnson of Susan's Healthy Gourmet Announced as Semi-Finalist in Ernst & Young...

05.04.10, 10:00 AM EDT



BusinessWire - Susan Johnson, founder and CEO of Susan's

Healthy Gourmet (www.susanshealthygourmet.com), the company that pioneered the concept of fresh and healthy portion-controlled meals delivered to homes twice weekly throughout California, was announced as a semi-finalist in the 2010 Ernst & Young Entrepreneur of the Year (EOY) Awards in [Orange County](#). Each year, the EOY program recognizes and applauds entrepreneurial leaders and visionaries whose growth contributes to the strength of their communities and economy.

Johnson launched Susan's Healthy Gourmet in 1996 and has been growing the company ever since. In 2003, with daughter Kerry Johnson Anthony, she acquired LifeSpring Home Nutrition, a company that delivers healthy frozen meals to seniors throughout Orange County through distributor organizations such as the Orange County Office on Aging and SCAN Health Plan. Johnson's newest venture, Xan Confections (www.xanconfections.com), was launched with Kerry Johnson Anthony and famed Orange County chocolatier Tracey Downey in early 2009. Xan Confections' all-natural, artisan chocolates range from being traditionally decadent to guiltlessly indulgent, including low-calorie, vegan and gluten-free sweets.

"It is a wonderful honor to be selected a semi-finalist for the prestigious Ernst & Young Entrepreneur of the Year Award," said Susan Johnson. "The growth we have experienced over the past 15 years has been phenomenal -- we've steadily increased our revenue, and our initial flagship has been joined by two additional

thriving entities. I have an outstanding, dedicated team to thank for the success of Susan's Healthy Gourmet, LifeSpring and Xan."

Article Controls

- EMAIL
- PRINT
- REPRINT
- NEWSLETTER
- COMMENTS
- SHARE
- YAHOO! BUZZ

Johnson's companies are continuing to grow at a rapid rate. Xan Confections, launched a little over a year ago, is currently being offered in nearly 150 locations across 17 states. Susan's Healthy Gourmet (SHG), which has provided the meals for participants in VH1's "Celebrity Fit Club," takes pride in keeping its customers satisfied by offering a wide range of customizable meal options suitable for all demographic and dietary needs, while not imposing restrictive minimum order requirements. SHG is currently focusing on expansion of its services into Northern California, with an eventual goal to serve customers nationally. Johnson is also developing an initiative to increase availability of the LifeSpring brand to seniors nationally.

About Susan's Healthy Gourmet

Irvine, Calif.-based Susan's Healthy Gourmet prepares and packages fresh, nutritionally balanced and calorie-regulated meals for pickup or delivery throughout California. Founded in 1995, Susan's Healthy Gourmet meets the demands of its customers' busy lifestyles, taste preferences and dietary needs by offering portion-controlled customizable individual meals. The company also offers a Diabetic menu for those needing to monitor their carbohydrate and sugar intake; the Good Sense Menu for seniors ages 65 and over; Kid's Backpack Lunches and Busy Bee Dinners; and the Purification and Anti-Aging plan for a healthy and convenient way to jumpstart into long-term healthy living and naturally cleanse the body. For more information, call 888-EZ-MEALS or visit www.susanshealthygourmet.com.

About Xan Confections

Xan Confections tempt the tastebuds and satisfy the soul. Famed Orange County chocolatier Tracey Downey creates indulgent artisan chocolates, caramels, and other

handcrafted treats using distinctive flavors and only the finest, all-natural ingredients. Xan Confections also includes non-dairy and gluten-free chocolates that are vegan, low-glycemic and low-calorie, but are still as rich and satisfying as ever. Xan Confections ships worldwide and is available at Whole Foods Markets, Bristol Farms and specialty stores across the country, and online at XanConfections.com, Amazon.com, and Chocolate.com. For specific store locations and more information, call 949-833-2928 or visit www.XanConfections.com.

SOURCE: Susan's Healthy Gourmet

HKA, Inc. Inez Be, 714-426-0444, inez@hkamarcom.com

Rate This Story

Your Rating 

Overall Rating 

Reader Comments

 [Post a Comment](#)