

# parenting

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PHOTO GALLERIES

## 31 Ways Moms Can Indulge

You take care of everyone. But who takes care of you? You do -- so here's how to treat yourself right every day of the month (and even all year).



Jarvis Oxley

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Treat yourself! Xan Confections Sainly Sins chocolates live up to their name: Each one's filled with fruit puree, and only 29 calories! (\$9.99 for a five-piece box; xanconfections.com)

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