

NEWS

New Brand Of Dark Chocolate Made Just For Pregnant Women

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(credit: Junko Kimura/Getty Images)

IRVINE (CBS) — Guilt-free chocolate with vitamins that help a growing fetus? Yes, please!

Coco Pegggers, created by Irvine-based Xan Confections, contains [folic acid](#) which prevents birth defects, and DHA, an omega-3 fatty acid that is important to brain development.

The dark chocolates contain 51 calories each and cost about \$1.50.

[Company](#) officials say the candy is not a replacement for prenatal vitamins or a healthy diet.

Along with Coco Pegggers, Xan is shipping a line of chocolates marketed as having heart, immunity and brain boosting properties. There is also a variety called Coco PMS.

Xan chocolates are sold at Southern California [Whole Foods](#) and Bristol Farms.

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