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## Team's Komen Battle Cry: These Breasts Will Never Sag

Local team raises thousands each year for the Susan G. Komen Race for the Cure for breast cancer.

By [Adam Townsend](#) | [Email the author](#) | 11:24am | [Print](#)

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"[They Will Never Sag](#)" is the battle cry and the team name for Ghada Ghantous' team in the war against breast cancer.

The tongue-in-cheek expression of mammary tenacity is the perfect slogan for the Susan G. Komen Race for the Cure 5K, in which Ghantous and her friends and family have participated for the last three years.

Volunteers each year form teams--often with colorful names and slogans--to participate in the big fundraising event put on by the Komen organization each September in Newport Beach.

Ghantous, a San Clemente resident, said she participated in the race in the 1990s because so many women in her family have had to fight the deadly disease, but as a result of her own struggle with the disease, she has gained a new determination in her fundraising efforts over the past few years.

"In 2007, I got diagnosed with breast cancer," she said. "After that, it became a little more personal."

She was healthy enough in 2009 to again participate in the Race for the Cure, raising \$6,000. Last year, [They Will Never Sag](#) raised more than \$5,000.

A mammogram to detect breast cancer in its early stages costs \$124, so \$5,000 pays for 40 mammograms for women who can't afford them.

"The whole reason behind this, in my case, [is that] my cancer was detected with a mammogram," Ghantous said. "It could save your life. In my case, I have insurance, and I did at the time. But so many women out there don't, especially with this economy and everybody losing their jobs and benefits."

Ghantous' team had 13 members over the last two years, but she hopes to expand the team this year—friends and family members are flying in from Chicago, Washington and San Francisco to participate.

More than 30,000 people are expected to turn out for the Orange County event. It is estimated that 1,900 women in Orange County are facing a diagnosis of breast cancer this year. That number does not include those already battling the disease.

[To sign up for the Sept. 25 race, visit the Komen Orange County website.](#)

*FULL DISCLOSURE: My wife, [Laura Lee](#), and I participate in the Susan G. Komen race every year as leaders of the Breast Team Ever. We have not yet signed up for the 2011 race but will do so in the coming weeks.*

