

PREGNANCY & newborn

cravings

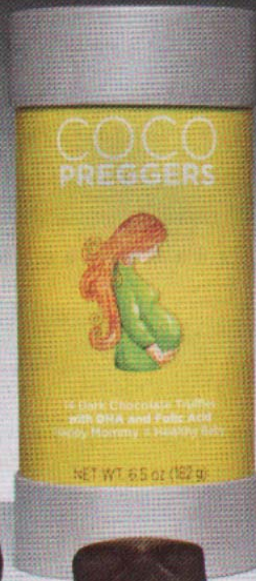


Crush of the MONTH

Chocolate that's good for you

And we're not just talking good for your soul here. We're talking about bona fide DHA- and folic acid-boasting chocolates that can help support normal brain development and may reduce the risk of brain and spinal cord birth defects. Now, we're not suggesting that you trade in your prenatal vitamins and balanced diet for a strict regimen of truffles, but an occasional tasty treat is 100 percent justifiable (and delicious).

CocoPreggers \$20



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