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## **Healthy Truffle from Xan Confections Benefits Pregnant Women**

*Folic Acid and DHA in CocoPreggers Help Happy Mommies Create Healthy Babies*

IRVINE, Calif., Feb. 16, 2011 – CocoPreggers, part of [Xan Confections](http://www.XanConfections.com)' new line of healthful CocoXan "chocolates with benefits," provides the pre-natal essentials of folic acid and DHA to benefit an expecting mother's 'inner child.' These all-natural and gluten-free truffles combine rich dark chocolate with healthful nutrients to support normal brain development in babies\*, creating an upscale treat that tastes great and promotes wellness.

"We are very excited to be leading the way in the niche market of healthy chocolate by combining high-quality Xan truffles with nutrients we are personally interested in," said CEO Susan Johnson, who has 16 years of experience in the healthy food industry through Xan's sister companies, Susan's Healthy Gourmet and LifeSpring Nutrition.

"CocoPreggers is a direct result of my three pregnancies," explained Xan Confections' President Kerry Johnson Anthony, whose third child is due in late February. "Women I conversed with through online baby boards were consumed with thoughts of both chocolate and pre-natal health. We realized a product combining decadent chocolate with DHA and folic acid would be a natural, and soon after CocoPreggers was born!"

CocoPreggers truffles contain 200 mcg of folic acid (50 percent daily value) and 50 mg of vegetarian Life's DHA made by Martek Biosciences. Adequate folic acid in healthful diets may help reduce a woman's risk of delivering a child with a brain or spinal cord birth defect, while DHA, an omega-3 fatty acid, helps support the normal development of the brain for both mother and baby\*. CocoXan products are available for pre-order online at [www.CocoXan.com](http://www.CocoXan.com) and will ship on March 1. Chocolate lovers will find CocoPreggers in four sizes: a 3-piece box (MSRP \$4.99); a 7-piece box (MSRP \$11.99); a 14-piece tube (MSRP \$19.99); and 30-piece collection (MSRP \$39.99).

The other trend-setting CocoXan products also infuse fortified ingredients, such as CoQ10, with antioxidant-rich dark chocolate to create the delicate balance Xan's acclaimed chocolatier Tracey Downey has achieved with these European-style truffles. Additional areas promoted by CocoXan products include heart, brain and pre-menstrual health as well as overall wellness. CocoXan will soon be available at retail locations across the country.

For more information about the CocoXan line, visit [www.CocoXan.com](http://www.CocoXan.com). For more information about Xan Confections, visit [www.XanConfections.com](http://www.XanConfections.com).

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat or prevent any disease.

### **About Xan Confections**

Xan Confections tempt the tastebuds and satisfy the soul. Susan Johnson and Kerry Johnson Anthony, owners of Susan's Healthy Gourmet and LifeSpring Nutrition, teamed up with famed Orange County chocolatier Tracey Downey to create indulgent artisan chocolates, caramels, and other handcrafted treats using distinctive flavors and only the finest, all-natural ingredients. Xan Confections also includes non-dairy and gluten-free chocolates that are vegan, low-glycemic and low-calorie, but are still as rich and satisfying as ever. Xan Confections ships worldwide and has next-day delivery throughout the West Coast. Xan is available at select Whole Foods Markets, Bristol Farms and specialty stores across the country, and online at [XanConfections.com](http://XanConfections.com), [Amazon.com](http://Amazon.com), and [Chocolate.com](http://Chocolate.com). For specific store locations and more information, call 877-578-7267 or visit [www.XanConfections.com](http://www.XanConfections.com).